

CHANGING MINDS^{UK}

Comprehensive psychological services designed to help others navigate change, maximise performance, and realise potential



VALERIE GOTZ ASSISTANT PSYCHOLOGIST



Valerie joined Changing Minds UK in October 2017 as an Assistant Psychologist and is currently working towards a professional career in clinical psychology. She holds a BA degree in Social Psychology and has a wider background working with children in an education setting to support their learning and well-being. Valerie has experience of supporting children with additional social and emotional needs.

Since joining Changing Minds, Valerie has been involved in supporting the psychological assessment of clients in the looked after children and post adoption support services. This work has included the administration of standardised assessment tools and the preparation of psychological reports.

Valerie supports clinicians who work with those in the care systems around the child using attachment and trauma frameworks to offer assessments, consultations and therapeutic intervention. She receives regular clinical supervision from a Clinical Psychologist.

Valerie has a wider background working in analytics where she held a senior position delivering insight into consumer behaviours in a marketing setting.