

CHANGING MINDS^{UK}

Comprehensive psychological services designed to help others navigate change, maximise performance, and realise potential



JON MARZETTI TRAINEE SPORT PSYCHOLOGIST



Jon is a Trainee Sport Psychologist at Changing Minds, currently working towards full BPS accreditation and HCPC registration. Under the supervision of a Consultant Clinical Psychologist and Lead Sport Psychologist, Jon is embedded within the Short Track Speed Skating World Class Programme and a Premier League Football Academy, supporting the psychological needs of the organisation and the individual needs of their elite athletes.

Jon has also been involved in supporting the psychological assessment of clients in looked after children settings. This work has included the administration of standardised assessment tools and the preparation of psychological reports. Jon's other responsibilities include the development, delivery and evaluation of psychologically informed training sessions for a variety of organisations in both sport and business.

Jon has previously worked for Brighton and Hove Albion FC, where he supported the provision of psychological support for their Women and Girl's 1st Team and Development Squad. Additionally, he holds an FA Level 2 coaching badge and a BACP Level 2 counselling certificate. His wider background includes working for the English Football League's commercial department as well as a brief period as a full-time athlete.