

CHANGING MINDS^{UK}

Comprehensive psychological services designed to help others navigate change, maximise performance, and realise potential



DR JAMES BICKLEY BSC. (HONS) D.CLIN.PSY. C.PSYCHOL AFBPSS CLINICAL DIRECTOR



Consultant Clinical Psychologist
Chartered Psychologist, HCPC Registered: PYL02587

PROFILE

James is a Chartered Consultant Clinical Psychologist and co-director of Changing Minds UK, an independent provider offering comprehensive psychology services to individuals, groups and organisations in the statutory, voluntary and private sectors.

James has over 20 years experience of working with challenging presentations in a broad range of care and performance environments. He has led or developed psychological services in Mental Health, Youth Justice, and Elite Sport settings. In particular, James has specialist knowledge and considerable experience in working with young people who present with high-risk behaviours.

Through his work, James has developed an ability to make sense of complex presentations or systems, and enable others to work effectively with these challenges through the provision of training, supervision, consultation, or expert opinion. He promotes the importance of developing shared understanding and firmly believes that an effective consultant or practitioner leaves an individual or system in a better place, and with a view that they did it themselves.

James currently combines a passion for sport with a desire to support others, particularly those at risk of exclusion, in realising their potential and achieving their goals. He works with a number of elite sport organisations and teams, helping to create more psychologically informed performance environments, supporting the development of 'Winning Habits'.

James is an Associate Fellow of the British Psychological Society (BPS) and is a member of the BPS Division of Clinical Psychology (DCP). He is also a Practitioner Psychologist registered with the Health and Care Professions Council (HCPC).

James is an honorary lecturer at the University of Birmingham and has published a number of articles in peer-reviewed journals and presented research and clinical interests at both national and international conferences.

ACADEMIC RECORD & QUALIFICATIONS

Doctorate in Clinical Psychology, D.Clin.Psy
University of Birmingham (2000)

BSc. (Hons) Psychology
University of Glasgow (1995)

PROFESSIONAL EXPERIENCE

2007 - Present **Changing Minds Limited:**

Consultant Clinical Psychologist and co-director. Providing comprehensive Clinical and Forensic Psychology services in the independent sector

2010 - 2014 **Forensic Child & Adolescent Mental Health Service,**

Birmingham and Solihull Mental Health NHS Foundation Trust:

Consultant Clinical Psychologist with the lead for Clinical Psychology Services into F-CAMHS

2000 - 2010 **Child & Adolescent Mental Health Service**

Coventry & Warwickshire Partnership Trust:

Consultant Clinical Psychologist with the lead for CAMHS provision in Warwickshire Youth Offending Service

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PROFESSIONAL MEMBERSHIPS

HPC Registered (HPC registration no: PYL02587)

Associate Fellow of the British Psychological Society (BPS, no: 148380)

Full Member of the BPS Division of Clinical Psychology (DCP)

Member of the BPS DCP Faculty for Children & Young People

SELECTED PUBLICATIONS

Bickley, J., Rogers, A., Bell, J. & Thombs, M. (2016). 'Elephant Spotting: The importance of developing shared understanding to work more effectively with talented but challenging athletes. *Sport & Exercise Psychology Review*, March 2016

Rogers, A., Thombs, M., Bickley, J. & Bell, J. (2014). A psychological case example and formulation framework. In, Twist, C. & Worsfold, P. (eds.) *The Science of Rugby*. Routledge, London, UK.

Print, B., Bradshaw, H., Bickley, J. & Erooga, M. (2010). Assessing the needs and risk of re-offending of young people who sexually abuse. In J. Horwath (Ed.) *The Child's World: The comprehensive guide to assessing children in need*. (2nd Ed.). London, Jessica Kinglsey.

Crooks, VL and Rostill-Brookes, H and Beech, AR and Bickley, JA (2009) Applying Rapid Serial Visual Presentation to Adolescent Sexual Offenders: Attentional Bias as a Measure of Deviant Sexual Interest. *Sexual Abuse A Journal of Research and Treatment*, 21 (2). pp. 135-148. ISSN 1079-0632

Ward, T., Bickley, J., Webster, S.D., Fisher, D., Beech, A. and Eldridge, H. (2004). *The Self-regulation Model of the Offense and Relapse Process: A Manual: Volume I: Assessment*. Pacific Psychological Assessment Corporation, Victoria, BC.

Bickley, JA and Beech, AR (2003) Implications for treatment of sexual offenders of the Ward and Hudson model of relapse. *Sexual Abuse: A Journal of Research and Treatment*, 15 . pp. 121-134. ISSN 1079-0632

Bickley, J.A. and Beech, R. (2002). An Empirical Investigation of the Ward and Hudson Self-regulation Model of the Sexual Offence Process with Child Abusers. *Journal of Interpersonal Violence*, 17, 371–393.

Bickley, JA and Beech, AR (2001) Classifying child abusers: Its relevance to theory and clinical practice. *International Journal of Offender Therapy and Comparative Criminology*, 45 (1). pp. 51-69. ISSN 0306-624X

SELECTED PRESENTATIONS

Bickley, J. & Rogers, A. (2015). Reality Check - Working with Athlete Challenges in the Build-up to Major Competition. Realising Ambition - The World Class Performance Conference. Wembley Hilton Hotel, November 2015.

Bickley, J. & Rogers, A. (2015). Optimising the environment to develop 'Winning Habits'. UK Sport P3 – Optimal Development Environments. Allianz Park Stadium (Home of Saracens Rugby Club), London, October 2015.

Bickley, J., Rogers, A. & Thombs, M. (2014). The state of the art – The process of formulation in enhancing athlete development. UK Sport P3 – Profiling: Benchmarking and Tracking. Welford Road – Leicester Tigers Stadium, Leicester, March 2014.

Bickley, J., Bradshaw, H., & Morris, S. (2012). Developments in working with young people who display sexually harmful behaviour: Applying the 'Good Lives Model' (Ward & Gannon, 2006) into practice. Workshop presentation at F-CAMHS Network Conference, May 2012.

Bickley, J. & Eden R. (2010) To 'grip or not to grip': The challenge for clinical psychologists in supporting Family Intervention Projects (FIPs). Forensic CPAFFS Symposium at Faculty for Children and Young People 12th Annual Conference, Warwick.

Bickley, J. & Fisher D. (2007). Too Good to be True? Applying the 'Good Lives Model' (Ward & Gannon, 2006) into practice. Workshop presentation at NOTA 17th Annual Conference, September 2007, Edinburgh

Bickley, J. & Print B. (2006). Applying the Good Lives approach to young people who display sexually harmful behaviour. Workshop presentation at NOTA 16th Annual Conference, September 2006, York

Rogers, A.D. & Bickley, J. (2006). Do They Really all Need Anger Management? Mental Health Consultation in a Youth Justice Setting. Workshop presentation at British Psychological Society Faculty for Children & Young People Conference, September 2006.

Bickley, J. (2005). Application of the Ward & Hudson (1998) Self-regulation model of the sexual offence process. Keynote presentation and workshop at NOTA Scotland conference.

Bickley, J. & Fisher D. (2005). Application of the Ward & Hudson (1998) Self-regulation model of the sexual offence process. Pre-conference workshop presentation at NOTA 15th Annual Conference, September 2006, Dublin

Bickley, J. & Print, B. (2005). Applying the Good Lives approach to young people who display sexually harmful behaviour. ESSAY Conference (European Society working with Sexually Abusive Youth), Utrecht

Bickley, J. (2003). Programme pitfalls in working with young people who display sexually harmful behaviour. Nordic Association and European Society working with Sexually Abusive Youth conference September 2003, Malmo

Bickley, J., Beech, A.R. & Fisher, D. (2003). Application of the Ward & Hudson (1998) Self-regulation model of the sexual offence process. Workshop presented at the ATSA Conference, October 9, 2003, St. Louis, Missouri.