

CHANGING MINDS^{UK}

Comprehensive psychological services designed to help others navigate change, maximise performance, and realise potential



DR HELEN BROWN SENIOR CLINICAL AND FORENSIC PSYCHOLOGIST



HCPC registration number: PYL02979

Helen is a Senior Clinical and Forensic Psychologist, who has worked with individuals across the lifespan within a range of community and inpatient settings. Helen is trained in a range of psychological interventions, including systemic family therapy and EMDR, and has a particular interest in working with people who have been affected by trauma. Helen also has a keen interest in clinical supervision and has trained in, and delivered, a range of supervision trainings to support this area of interest.

Helen is actively involved in the selection of clinical trainees at local universities, sits as an external examiner for The University of Birmingham Forensic Doctoral theses and teaches regularly at The University of Birmingham on a range of postgraduate programmes (including DClinPsy, DForenPsy and PGCert in psychological interventions).

WORK EXPERIENCE

Sept 2013 – Current	Principal Clinical / Forensic Psychologist MacArthur Centre Psychiatric ICU (acute) Black Country Partnership Foundation Trust
Sept 2008 – Sept 2013	Senior Clinical and Forensic Psychologist Family Therapy and Primary Care Service Birmingham and Solihull Mental Health Foundation Trust
Sept 2009 – Current	Senior Clinical / Forensic Psychologist Changing Minds Ltd.
Sept 2005 – Sept 2008	Trainee Clinical Psychologist Specialist Placements: Trauma / Complex Presentations, Systemic Family Therapy
Sept '04- Sept. '05:	Assistant Psychologist Ardenleigh, Birmingham (Female Regional Secure Unit)
Sept '03 – Sept '04:	Assistant Psychologist Reaside Clinic, Birmingham (Male Regional Secure Unit)
Sept '03 –Feb '04:	Trainee Forensic Psychologist Lucy Faithful Foundation
Feb '03 - July '03:	Trainee Forensic Psychologist Midlands Psychological Services
Sept '03-Sept '05:	Trainee Forensic Psychologist Appledore Parenting Assessment Centre

EDUCATION

Sept 2005 – Sept 2008

The Universities of Coventry and Warwick

Doctorate in Clinical Psychology

Thesis title: "Clients' Experience of Formulation"

Sept 2002 – Sept 2005

The University of Birmingham

Doctorate in Forensic Psychology

Thesis title: "Family Violence-The Importance of Evidence-based Assessment and Intervention"

Sept 1999 – July 2002

The University of Birmingham

BSc (Hons) Psychology

ADDITIONAL TRAINING

2015	Bond Solon Expert Witness Training
2014	Solution Focused Therapy: Train the Trainers
2013	EMDR Training (Stages One and Two)
2010	Systemic Family Therapy: Intermediate Stage (Systemic Practitioner)
2008-2010	Supervisor Training: Universities of Birmingham, Coventry and Warwick
2006	Using the Solihull Approach with Children and Families Cognitive Behavioural Therapy with Personality Disorders, Christine Padesky
2005	Behavioural Family Therapy, Meriden Family Therapy Training
2004	Primary Certificate in Rational Emotive Behavioural Therapy (REBT), University of Birmingham / Albert Ellis Institute, New York
2003	Assessment and Intervention with Sex Offenders, Lucy Faithful Foundation